

FINDS

Families In Need-Directory of Services
For Children With Special Needs



**Children's Community
Network Sudbury**

Children's Community Network * 705-566-3416*319 Lasalle Blvd, Unit 2*
Sudbury* ON* P3A 1W7



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Introduction

The FINDS Directory was originally developed by the Children's Treatment Centre to meet the needs of families and professionals in our community. It will hopefully provide you with good information about services that you can access when you need them. You can also contact the Children's Community Network if you have questions about services for children.

There is a similar directory for youth with a physical and/or developmental disability who are transitioning to adult services. It's called "Transition: The Journey Towards Adult Services".

A special thanks to Brenda Finnila for her help in updating the directory, the agencies that assisted in its development and also to the parents who inspired it.

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Manager

Children's Community Network

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COMMUNITY AND HEALTH PROGRAMS

Best Start Hubs

Call 3-1-1 for locations and schedules www.sudburybeststart.ca	Various locations
The Best Start Network is a partnership of education, early learning, health and social services serving children and families in Greater Sudbury. The Best Start Network promotes healthy child development by supporting families and children through a responsive, flexible, comprehensive and seamless system. The goals are for children to be ready for school, for children to achieve their full potential, inclusive and supportive communities and stable families. Some services include drop-in play groups, parent workshops, family activities, information on healthy development.	

Better Beginnings Better Futures

Tel: 705-671-1941 http://www.betterbeginningssudbury.ca/	450 Morin Avenue Sudbury, ON P3C 5H6
Better Beginnings Better Futures is a prevention program for high-risk communities. The Sudbury Better Beginnings Better Futures holistic model provides child-centered activities in the context of community development and a model of decision-making that emphasizes self management by people actively working in a program. We offer support and advocacy based on need for parents of small children. Participants can access a number of programs such as Babies Breath under 18 mths, Community Dinners, English, Francophone and Aboriginal Hubs along with a Community Closet where free clothing, household goods, linens and footwear are available and distributed twice a week.	

Canadian Hearing Society

TTY: 1-877 817-8205 Voice: 705-522-1020 www.chs.ca	1233 Paris St. Sudbury, ON P3E 3B6
The Canadian Hearing Society is the leading provider of services, products, and information that: remove barriers to communication, advance hearing health and promotes equity for people who are culturally deaf, oral deaf, deafened and hard of hearing.	

Centre Jules-Leger

Tel: 705-564-0149 www.centrejulesleger.com Email: paulette.bedard@ontario.ca	Bureau à Sudbury: Point de Service Contact: Paulette Bedard 199 Larch St, Suite 1001, 10th Floor Sudbury ON P3E 5P9
<p>Located in Ottawa, Centre Jules-Léger has 2 consultants in the Sudbury area who travel to schools to assess the needs of the student. Centre Jules-Leger support French language school board staff by providing specialized programs and services for their students with severe learning disabilities, or those who are deaf, hard of hearing, blind or low vision or who are deafblind. Centre Jules-Léger consultants support school boards by offering training and delivery of professional development programs and transition services. The Deaf pre-school program provides service to parents of deaf or hard of hearing infants who will eventually be enrolled in a French language school board.</p>	

Child & Community Resources

Tel: 705-525-0055 Toll Free: 1-877-996-1599 www.ccrconnect.ca	662 Falconbridge Road Sudbury, ON P3A 4S4
<p>Child & Community Resources (CCR) is a charitable organization that provides a broad continuum of services ranging from universal community services accessible to all children, to services for children and youth with Autism Spectrum Disorder (ASD), and/or complex medical and developmental needs. Services include:</p> <p>Family and Community Supports Best Start Hubs, Support for Early Learning and Child Care Services Autism Spectrum Disorder School Support Program (ASD-SSP), Respite Services</p> <p>Services for Children and Youth with ASD (accessed through Children's Community Network)</p> <p>Diagnostic & Assessment Services Skill Building Services</p> <ul style="list-style-type: none"> ABA Workshops for Parents ABA Workshops for Professionals ASD Awareness Presentations Brief Behavioural Consultation Social Skills and Enhancing Independent Behaviour Groups Transition Services <p>Specialized Services</p> <ul style="list-style-type: none"> Behaviour Consultation Behaviour Assessment Behaviour Treatment <p>Intensive Services</p> <ul style="list-style-type: none"> Intensive Behaviour Intervention (IBI) Therapeutic Residential Program (ASD/Non-ASD) 	

Child and Family Centre

Tel: 705-525-1008 Toll Free: 1-800-815-7126 http://www.childandfamilycentre.on.ca	319, boulevard Lasalle Boulevard Unit/unité 4 Sudbury, ON P3A 1W7
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Accredited children's mental health agency providing mental health services to children and youth.

We recognize that every situation is unique and all of our programs and services are designed to respond to the expectations of our clients while respecting their culture and language. Our counselling staff work directly with children and families, encouraging their active participation in making decisions about the services they will receive. Services are offered in English, French, Native cultural context and other languages are provided with the support of interpreters.

We offer services in Sudbury, Espanola, Little Current and Chapleau.

Child and Family Centre Continued

- **Day Treatment Program** To provide children with mental health problems, who meet the criteria for admission to a Section 20, a school based therapeutic intervention. The goal of Day Treatment is the successful reintegration of the child into the regular school system.
- **Early Years Mental Health 0-6** Addresses mental health or emerging mental health problems in children, from birth to six years of age, and their caregivers, residing in the Districts of Sudbury and Manitoulin. Intensive and flexible mental health intervention/treatment services are provided in their homes, schools and communities.
- **Children's Mobile Crisis Program** For emergency crisis situations, clients are directed to **Health Sciences North** at the **127 Cedar Street** location. Clients may also call them at local number 705-675-4760, or for clients outside Greater Sudbury, the toll free number is 1-877-841-1101. The Children's Mobile Crisis Program is a partnership between the **Health Sciences North** and the Child and Family Centre. When community-based services are indicated, the Sudbury Mental Health Centre refers to CFC.
- **Child and Family Intervention** The purpose of the program is to process treatment planning within a multidisciplinary and case management approach. Child and Family Intervention is the core mental health treatment program, comprising the following steps: assessment, treatment planning, clinical interventions and follow-up.

This program is offered at all of our agency sites.

- **Family Intervention and Support Program** This program is in collaboration with the Children's Aid Society of the Districts of Sudbury Manitoulin. The purpose is to provide a coordinated, collaborative community response in those cases, initiated through the Children's Aid Society protection service streams, where a child is at risk and the child's behaviours, coupled with the parents' care giving skills or response to the child, have created a crisis within the family unit.

Child and Family Centre Continued

- **Intensive Child and Family Intervention Program** Provides children, with severely maladaptive behaviors, with intensive, flexible mental health treatment services in their home, schools, and/or communities.
- **Outreach program** The purpose of this program is to teach children effective anger management skills, self-control and problem solving techniques and positive peer socialization skills; to teach parents effective child management skills by using SNAP; and to prevent the occurrence or reoccurrence of conduct problems.
- **Psychology/Developmental Services** CFC provides psychological assessment and clinical interventions for children and their families. These services include: diagnostic assessment of global developmental disability, psychological assessment for mental health problems; clinical consultations as well as behavioural/mental health interventions.
- **Supervised Access** The goal is to provide a safe, neutral and child focused setting for exchanges and/or visits between children and visiting parents or other family members and to decrease conflict and stress surrounding access to and/or exchange of children for separated/divorced families. Whether court ordered or voluntary, the participants make the initial contact with the Supervised Access Coordinator at 705-525-1008 ext. 2565.
- **School-Based Mental Health Program (SBMH)** The School-based Mental Health Program provides a coordinated, collaborative response in the school setting to youth whose mental health problems are impacting on their daily school activities and jeopardizing their academic success.
- **Triple P Positive Parenting Program (Triple P)** For every parent, whether you have a specific problem or are just looking for advice on common everyday issues. Provides easy to use tips and new ideas that will help you build confidence and new skills. Triple P of Sudbury and Manitoulin Districts is a partnership of children's health, education and social services providers working together to offer Sudbury and Manitoulin District families high quality parenting programs and individualized support and advice.

Children's Aid Society

Tel: 705-566-3113
Toll Free 1-877-272-4334
www.casdsm.on.ca

319 Lasalle Boulevard, Unit 3
Sudbury, ON P3A 1W7

The Children's Aid Society of the Districts of Sudbury and Manitoulin is obligated and exclusively responsible for investigating where children are in need of protection from abuse and neglect, and for the adoption of crown wards. The Society must respond and provide services on a 24-hour basis, 365 days a year. Children's Aid Societies are designated and regulated under the *Child and Family Services Act* (CFSA). Our children are precious and the most vulnerable citizens of our society. They deserve a life free of fear and violence. Each of us has a responsibility to protect them from abuse and harm by reporting suspected child abuse to a Children's Aid Society. The CFSA clarifies that the duty to report is a public and professional ongoing obligation that cannot be delegated to another person.

Children's Aid Society Continued

Between the hours of 8:30 a.m. and 4:30 p.m. anyone reporting child protection concerns should contact (705) 566-3113 and ask to speak to an Intake Screener. Between the hours of 4:30 p.m. to 8:30 a.m. and 24 hours on the weekends, contact 705-566-3113 and press 0 to report child protection concerns. An operator will have an Emergency Child Protection Worker respond to your call.

Children's Community Network (CCN)

Tel: 705-566-3416 Toll Free: 1-877-272-4336 www.ccsudbury.on.ca	319 LaSalle Boulevard, Unit 2 Sudbury, ON P3A 1W7
<p>The Children's Community Network is the single point of access for children's services funded by the Ministry of Children and Youth Services in the Sudbury and Manitoulin Districts, including Espanola, Little Current and Chapleau. Services provided include:</p> <ul style="list-style-type: none">• Service Coordination - for children with complex needs who require multiple services. We assist families in navigating services and systems. CCN provides information regarding support services, community programs, funding programs, recreational activities, and more for children with special needs.• Direct Funded Respite - for families of children's with a developmental and/or physical disability in need of temporary relief from the physical and emotional demands involved in caring for a child with special needs.• RespiteServices.com - CCN is the host agency for RespiteServices.com in the Sudbury and Manitoulin Districts. RespiteServices.com provides information about respite options in your area and includes The CHAP Program, which facilitates the connection between families and respite workers through its online database.• Alternative Dispute Resolution Program (ADR) - CCN coordinates ADR in the Sudbury and Manitoulin Districts. Through this program, families work with a coordinator or mediator to create a plan for the child that is acceptable for the family and Child Protective Services.• Case Resolution - CCN oversees the case resolution process for children whose needs are challenging the local system of children's services.• Transition Planning - for youth with developmental disabilities. Transition plans will be developed involving the youth and the people who are important in the young person's life.	

CNIB

Tel: 705-675-2468 www.cnib.ca	303 York St. Sudbury, ON P3E 2A5
CNIB is a nationwide, community-based, registered charity committed to research, public education and vision health for all Canadians. CNIB provides the services and support necessary for people to enjoy a good quality of life while living with limited to no vision.	

Health Sciences North/Horizon Santé-Nord

Tel: 705-523-7100 Toll Free: 1-866-469-0822 www.hsnsudbury.ca	Main Location: 41 Ramsey Lake Road Sudbury, ON P3E 5J1
The Health Sciences North provides a number of programs, services and clinics for children with health and developmental challenges. Services are listed below individually.	

HSN - Children's Treatment Centre

Tel: 705-523-7337 www.childrenstreatment.com	41 Ramsey Lake Road Sudbury, ON P3E 5J1
<p>The Health Sciences North's Children's Treatment Centre (CTC) is a family-centred community-based rehabilitation facility providing comprehensive rehabilitation services (physiotherapy, occupational therapy, speech language therapy and social work, and other) including assessment, treatment, consultation and education as appropriate to children with motor, communication, and other impairments/disabilities. The CTC strives for the best quality of life and health for its clients by enhancing their self-esteem and facilitating their function, independence and community participation.</p> <p>The CTC offers services to children aged 0-19 years, and the Assistive Communication Clinic serves children and young adults up to age 21 years who have verbal and written communication challenges.</p> <p>For a complete listing of CTC services and programs please visit our website at www.childrenstreatment.com or contact Jeff Sampson, Clinical Manager, at 705-523-7337 extension 1450.</p>	

HSN - Crisis Intervention Program

Tel: 705-675-4760 Toll Free: 1-877-841-1101(24 hour hotline-365 days/year) http://www.hsnsudbury.ca/portalen/Programsandservices/FamilyandChild/tabid/543/Default.aspx	127 Cedar St, Sudbury Office Hours: 8:30 a.m. to 10:00 p.m. (no appointment necessary) 7 days per week Manitoulin Island 11 Meredith Street, Little Current Crisis Line: 705.368.0756 Office Hours: Monday to Friday 8:30 a.m. to 4:30 p.m. After hours phone support is provided by calling the Toll free: 1.877.841.1101 (24 hour hotline-365 days/year)
<p>Crisis Services are free for people living or visiting in the Sudbury & Manitoulin Districts. We work with individuals of all ages and with your family and other supports if you agree to have them involved. We will help you find solutions to the issues you face and provide brief counselling and referral to other programs or agencies than can help you. Our Mobile Crisis Team can visit you in the community at a safe location (City of Greater Sudbury only). Call us to arrange an outreach visit. If immediate medical care is needed, there is a Crisis Nurse available in the Emergency Department of Health Sciences North 24h per day. We can meet you there. Please register with the Triage nurse in the Emergency Department to see the Crisis nurse.</p>	

HSN - Diabetes Education and Care Program

Tel: 705-671-6601 Fax: 705-671-5634 http://www.hsnsudbury.ca/portalen/diabetes/programmesoinsetd%c3%a9ducationsondudiab%c3%a8te/tabid/942/default.aspx	Sudbury Outpatient Centre 865 Regent Street South Sudbury, ON P3E 3Y9
The Diabetes Education and Care Program has a specialized team available to help you and your family deal with the diagnosis of diabetes and teach you all the skills required to manage your child safely at home. They provide ongoing support from the time of diagnosis. Your diabetes team consists of a nurse, dietician, social worker and paediatrician. Some programs offered are: First Step Walking, Insulin Pump, Carbohydrate Counting for Beginners, and Taking Care of Your Feet.	

HSN - Genetic Counselling Services

Tel: 705-675-4786 Fax: 705-523-7178	Sudbury Outpatient Centre 865 Regent Street South Sudbury, ON P3E 3Y9
Genetic counselling gives you current information and guidance about growth, developmental, learning and health problems that have a genetic cause. This can help you to understand and deal with the diagnosis of a genetic condition. Families learn about the diagnosis and what it means for the family members. Specialties include adult genetics, cancer genetics, paediatric genetics, general genetics and prenatal.	

HSN - Infant and Child Development Services

Tel: 705-523-7184 http://www.hsnsudbury.ca/portalen/ProgramsandServices/FamilyandChild/tabid/543/Default.aspx	41 Ramsey Lake Road Sudbury, ON P3E 5J1
Infant and Child Development Services provides early intervention for newborn children to age 5 who have a developmental delay or who are at risk for delayed development. There is no cost for the service to parents. Some of the services provided include: evaluating the child's development and family needs, setting goals and introducing activities to encourage the development of the child's physical, social and intellectual skills, supporting the family and providing guidance regarding child development and parenting skills and assisting the family in accessing community services. Services can be accessed by contacting the Children's Community Network at 705-566-3416.	

HSN – Inpatient Services

Child and Adolescent Mental Health Program (CAMHP)	41 Ramsey Lake Road Sudbury, ON P3E 5J1
<p>This unit is designed specifically for children and adolescents who, as a result of a situational crisis or psychiatric illness, are acutely ill and require short-term hospitalization. Admission to this unit is on the recommendation of a psychiatrist or by their designate. Family members are encouraged to take part in the assessment and treatment planning for their child or adolescent.</p>	

HSN –Outpatient Services

Regional Eating Disorders Program	127 Cedar St. Sudbury, ON P3E 3M
<p>The Regional Eating Disorders Program is a community-based outpatient assessment and treatment program. Services are offered to children, adolescents and adults (along with their families) suffering from anorexia nervosa, bulimia, binge eating disorder and mixed syndromes. The Program provides assessment and treatment services to individuals and families throughout North-Eastern Ontario in partnership with the Sault Area Hospital, North Bay Regional Health Centre and Timmins & District Hospital.</p>	

HSN - Paediatric Clinics

Enquiries Only Tel: 705-523-7100 ext. 3263	
<ul style="list-style-type: none"> • Neonatal Follow-up Clinic - The Neonatal Follow-Up Clinic (NNFU) is dedicated to the well-being of high risk infants by providing medical and therapy screenings, at routine intervals, to infants who were born prematurely or who have other risk factors. The NNFU Clinic will see the baby at important times during their development. Appointments are arranged for 2 months, 6 months, 9 months, 12 months, 15 months, 18 months, and 24 months of age. (from your baby's due date or corrected age). The family meets with the CTC NNFU team that includes a paediatrician, a physiotherapist, an occupational therapist and a speech language pathologist. • Visiting Specialists Clinics - This program provides local access to a range of specialty physicians who would normally only be accessed through travel to distant facilities. Currently, the Montreal Shrine Hospital provides a Visiting Specialist Pediatric Orthopedic Surgeon who provides two-day clinics at the Children's Treatment Center, the Laurentian Site or through Telemedicine. From the Hospital for Sick Children, Pediatric Rheumatologists and Cardiologists provide specialized rheumatology and cardiology clinics approximately six times a year at our Hospital. Referrals for these clinics can be made by local paediatricians • Cystic Fibrosis Clinic - The Northeastern Ontario Cystic Fibrosis Clinic sees children and families from all over northeastern Ontario who have been diagnosed with CF. Children visit the clinic every 3 months and meet with the multidisciplinary team comprised of a paediatrician, a physiotherapist, a dietician, the nurse coordinator and a social worker. 	
HSN - Paediatric Clinics Continued	

- **RSV Clinic** - Premature babies, babies with chronic lung disease, and babies with moderate to severe congenital heart disease are among children at highest risk of severe RSV infection. An application is submitted to the Government for approval by the paediatrician in order to receive the Synagis vaccine.
- **Botox Clinic** - Referrals to the Botox Clinic for the children from the Sudbury/Manitoulin area are accepted from HSN Pediatric Centre at 705-671-7397. Botox injections can help some children with spasticity.

HSN - Psychiatric Services

Referral is by a registered physician	Kirkwood Place 680 Kirkwood Drive Sudbury, ON P3E 1X3
Psychiatrists provide specialized outpatient psychiatric consultation and follow up to children, adolescents and adults experiencing symptoms of mental illness. They have professional interests as well as specialized training in different areas including psychogeriatric, mood disorders, developmental disabilities, forensic psychiatry, child psychiatry, post-partum disorders, concurrent disorders (addictions), eating disorders and early intervention for psychosis. All psychiatrists practising at Health Sciences North provide full spectrum services for inpatient care, outpatient care, emergency and on-call consultation and consultation to our community clinics.	

End of programs through Health Sciences North.

ICAN

Tel: 705-673-0655 Toll Free: 1-866-439-4226 www.ican-cerd.com	765 Brennan Road Sudbury, ON P3C 1C4
<p>There are numerous programs offered, 4 are listed below.</p> <ul style="list-style-type: none"> • Independence Training Centre-Each client works with a Rehabilitation Support Worker as their central point of contact for services and a professional trans-disciplinary team to develop an individual service plan. The service plan is designed to attain independence within the home or community through specific, measurable and time sensitive goals. Programs are developed on an individual basis and are client centered. • Housing Registry Supportive Housing- Wheelchair accessible apartments (2 locations) with trained support staff who are available 24 hours a day to assist with personal care needs, homemaking and other activities associated with apartment living. Tenants sign a lease with the landlord and participate fully in community living. A maximum of 6 hours of attendant care per day (scheduled & unscheduled visits)/ 180 hours per month. 	
ICAN Continued	

- **Attendant Care Outreach-** Provides assistance with personal care and activities of daily living to individuals throughout the city of Greater Sudbury and Sudbury West (including Espanola, Massey, and Manitoulin Island). Services are designed to meet the individual's needs at home, work or an educational facility. These are available at different intervals throughout the day. Maximum of 21 hours per week, no more than 3 visits per day.
- **Post Stroke Transitional Care Program** – In partnership with Health Sciences North offer a safe place to help the ease of transition from hospital to home. They assist with people in finding resources such as transportation to appointments, nursing, personal care, housekeeping, adaptive equipment, etc.
- *These programs are for youth/adults 16 years of age and older.*

Licensed Child Care

Tel: 705-671-2489 Local Dial 3-1-1 TTY: 705-688-3919 www.greatersudbury.ca/childcare	200 Brady St, Sudbury, ON P3A 5P3
<p>Child Care Subsidy is a program of the City of Greater Sudbury which helps eligible families with the cost of child care for children up to 12 (or up to 18 if the child has special needs) in licensed or other approved child care programs. To qualify, both parents (or the lone parent) must be working or going to school or a social, medical or special needs referral must be provided. A Special Needs Referral for Child Care must be filled out by an agency that is providing treatment or support to the child, only if the family wishes to apply for subsidized childcare and the parent (s) are not working or going to school; or if the child is 13 years or older.</p> <p>Eligibility for child care subsidies is based on the family's previous year's taxable income. Families may phone 3-1-1 with their income tax information for an over-the-phone pre-assessment to see if they qualify.</p> <p>The City funds Child & Community Resources (CCR) to support the inclusion of children with special needs into all licensed child care programs. Based on the child's needs CCR will provide consultation to the child care program and may approve funding for additional staffing to support the program to ensure successful inclusion. The child care inclusion program is designed so that parents of children with special needs do not have to pay more than other families for licensed child care.</p> <p>Families in Greater Sudbury can search and register for all licensed child care programs through the on-line Greater Sudbury Child Care Registry which is available through www.greatersudbury.ca/childcare or by calling 3-1-1. Parents interested in licensed child care for a child with special needs should apply through the Child Care Registry and include information about the child's needs to help the child care centre plan for the successful integration of the child.</p> <p>See also the Best Start articles: Finding child care for children with special needs and Paying for child care.</p>	

North East Community Care Access Centre (NECCAC)

Tel: 705-522-3461 Toll free: 1-800-461-2919 TTY: 711 ask operator for 1-888-533-2222 www.ne.ccac-ont.ca	40 Elm St, Suite 41-C, Sudbury ON P3C 1S8
<p>Each CCAC is staffed by caring and knowledgeable professionals who will assess your needs, determine your requirements for care, answer your questions and develop a customized care plan that meets your individual needs. Then, if services are provided to you by your CCAC, we'll arrange for quality health-care professionals – nurses, physiotherapists, social workers, registered dietitians, occupational therapists, speech therapist and personal support workers to provide a range of care and supportive services to help support you at home and help you enjoy the best possible quality of life.</p>	

Our Children Our Future

Toll Free: 1-888-677-0440 www.ourchildren-ourfuture.net	201 Jogues St Sudbury, ON P3C 5L7 Programs are held at a variety of sites
<p>A variety of programs and services for families of children aged 0—6, their parents, guardians and caregivers designed to strengthen the family. We provide resources and tools to help families lead healthy lifestyles together in support of becoming part of a healthy family and a healthy community. Programs include a collective kitchen, discussion groups, programs for families, parent education courses and an infant food cupboard. Our Children Our Future operates a number of licensed daycares in the Greater Sudbury area. All of our Early Childhood Education Centres provide a healthy, secure, positive and creative learning environment that seeks to enhance every child's development at all levels. Early Childhood Education Centres are licensed by the Ministry of Children and Youth Services.</p>	

RespiteServices.com

Tel: 705-566-3416 www.respiteservices.com Email: sgilchrist@censudbury.on.ca	319 Lasalle Blvd, Unit 2 Sudbury, ON P3A 1W7
<p>Respite care is a family support service that provides temporary relief from the physical and emotional demands involved in caring for a family member who has a disability. Families register and are matched with screened respite workers through the CHAP program. The Children's Community Network is the host agency for this program.</p>	

Sudbury Community Service Centre Inc.

Tel: 705-560-0430 Toll Free: 1-800-685-1521 www.sudburycommunityservicecentre.ca	1166 Roy Ave. Sudbury, ON P3A 3M6
<ul style="list-style-type: none"> • Credit Counselling Sudbury - The function of the Credit Counselling Program includes personal money management counselling, the arrangement of consumer debt repayment programs and the promotion of consumer credit education. • Developmental Support Services - enable individuals to become full participating members in the life of the community (transitioning from school to work and from home to independent living). 	

Sudbury and District Health Unit

Toll Free: 1-866-522-9200 http://www.sdhu.com/content/healthy_living/?lang=0	1300 Paris St Sudbury, ON P3E 3A3
The Healthy People Healthy Places offers a number of different programs for all ages. One program offered is Healthy Babies Healthy Children Program and is for pregnant moms and parents of children under six. Public health nurses and Partners in Parenting visit the home and provide advice and support to families. Some other services provided by the health nurses include: healthy adolescent program, disease control, healthy adult, sexual health, genetic counselling, vaccinations and smoking cessation program.	

Telehealth Ontario

Toll Free: 1-866-797-0000	
Health advice over the phone.	

Triple P

http://www.tripleontario.ca/en/practitioner_regions/north/Triple_P_In_Sudbury_Manitoulin.aspx For more information, contact: Children's Community Network 705-566-3416	
Parenting is very rewarding and enjoyable. It is also often challenging, frustrating and exhausting. Parents have the important role of raising the next generation, yet most people begin parenting not prepared for what lies ahead. There is no "right" way of raising healthy, well adjusted children. It is up to you as a parent to decide which values, skills, and behaviours you want to encourage in your child and to develop your own approach to dealing with your child's behaviour. Triple P is helpful for many parents, making parenting easier and more enjoyable.	
Triple P of Sudbury and Manitoulin Districts is a partnership of children's health, education and social services providers working together to offer Sudbury and Manitoulin District families high quality parenting programs and individualized support and advice.	
Stepping Stones Triple P extends the standard Triple P system to specifically address the needs of families who have a child with a disability. Stepping Stones Triple P aims to help you develop effective management strategies for dealing with a variety of childhood behaviour problems and development issues.	

W. Ross MacDonald School

Toll Free: 1-866-618-9092 Head Office: 519-759-0730 http://www.psbnet.ca/eng/schools/wross/index.html	350 Brant Avenue Brantford, ON N3T 3J9
The W. Ross Macdonald School is a provincial Education and Resource Centre for low vision, blind and Deafblind students. The school also provides onsite residential programs, specialized educational support for deafblind, low vision and blind students, life skills programming, music therapy, as well as an orientation and mobility program.	

Wordplay Jeux de mots

Tel: 705-522-6655 Fax: 705-522-1215 http://www.nbrhc.on.ca/specialized-services/wordplay/preschool-speech-language-e.aspx	10 Elm Street, Unit 402 Sudbury, ON P3C 5N3
<ul style="list-style-type: none"> • Wordplay Preschool Speech and Language Service - Any preschool child 70 months (5 years 10 months) or younger who lives in the Sudbury/Manitoulin Districts is eligible for services. Children must be referred prior to school entry. These services are free and are available in English and French. Services include Assessments, Parent/Caregiver Education Groups, Clinic and Community Consultations to parent(s)/agency, Home activities for your child, Individual or Group Programming and School Transition meetings. Services are provided at the clinic sites. Parents/Caregivers must attend all sessions. • Northeast Blind Low Vision Intervention Program - This program provides specialized family-centred services for children from birth to six years old who are blind or have low vision. This program offers family support, intervention and consultation services. Referrals can be made by physicians, ophthalmologists, optometrists, parents or caregivers. • Northeast Infant Hearing Program - There are three components of this program, which includes a universal neonatal screening of all babies born annually in these districts, audiology services and communication development for those children identified with permanent hearing loss between the ages of birth and 6 years. This program offers family support, intervention and consultation services. 	

FUNDING PROGRAMS

Access 2 Entertainment

Toll Free: 1-877-376-6362 http://easterseals.ca Email: info@easterseals.ca	Access 2 Entertainment C/O Easter Seals Canada 40 Holly Street, Suite 401 Toronto, ON M4S 3C3
<p>The Access 2 EntertainmentTM card provides free admission (or a significant discount) for support persons accompanying a person with a disability by presenting the card prior to purchase; the person with the disability pays regular admission. The card can be used at Cineplex Entertainment, Empire and Landmark theatres, the Toronto Zoo, the Art Gallery of Ontario, Casa Loma, the CN Tower, Ontario Place, the Ontario Science Centre and the Royal Ontario Museum, just to name a few. There is an application process with a \$20 administration fee for the individual with the disability that is valid for 5 years.</p>	

Assistance for Children with Severe Disabilities

Tel: 705-564-6699 Toll Free: 1-800-265-1222 http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/specialservices/index.aspx	199 Larch St., 10 th Floor, Suite 1002 Sudbury, ON P3E 5P9
<p>The Assistance for Children with Severe Disabilities program helps parents with some of the extra costs of caring for a child who has a severe disability. A parent or a legal guardian whose child is under 18 years of age lives at home, and has a severe disability may be eligible to receive help under this program depending on the family's income. Extra expenses that could be covered include: travel, assistive devices (costs and repairs), parental relief, prescription drugs, dental services, eye glasses. How much a family receives depends on the family's income, the severity of the disability, the kind of difficulties the child has in activities of daily living and the extraordinary costs related to the disability.</p>	

Assistive Devices Program

Toll Free: 1-800-268-6021 TTY: 1-800-387-5559 http://www.health.gov.on.ca/en/	
<p>The objective of the Assistive Devices Program (ADP) is to financially assist Ontario residents with long term physical disabilities to obtain basic, competitively priced, and personalized assistive devices appropriate for the individual's needs and essential for the individual's basic needs. Categories of Assistive Devices are Communication Devices, Diabetic Supplies, Enteral Feeding Equipment/Supplies, Hearing aids, Orthotic Devices, Ostomy Supplies, Prosthetic Devices, Respiratory Supplies/Equipment, Visual Aids, Wheelchairs, Positioning and Ambulation Aids.</p>	

Child Care Subsidy

Local Dial: 3-1-1 Tel: 705-671-2489 http://www.greatersudbury.ca/living/child-care/child-care-subsidy/	200 Brady St. Sudbury, ON P3A 5P3
<p>Child Care Subsidy is a program of the City of Greater Sudbury which helps eligible families with the cost of child care for children up to 12 (or up to 18 if the child has special needs) in licensed or other approved child care programs. To qualify, both parents (or the lone parent) must be working or going to school or a social, medical or special needs referral must be provided. A Special Needs Referral for Child Care must be filled out by an agency that is providing treatment or support to the child, only if the family wishes to apply for subsidized childcare and the parent (s) are not working or going to school; or if the child is 13 years or older.</p> <p>Eligibility for child care subsidies is based on the family's previous year's taxable income. Families may phone 3-1-1 with their income tax information for an over-the-phone pre-assessment to see if they qualify. For more information check out the City's Website at www.greatersudbury.ca/childcare</p> <p>The City funds Child & Community Resources (CCR) to support the inclusion of children with special needs into all licensed child care programs. Based on the child's needs CCR will provide consultation to the child care program and may approve funding for additional staffing to support the program to ensure successful inclusion. The child care inclusion program is designed so that parents of children with special needs do not have to pay more than other families for licensed child care.</p> <p>Families in Greater Sudbury can search and register for all licensed child care programs through the on-line Greater Sudbury Child Care Registry which is available through www.greatersudbury.ca/childcare or by calling 3-1-1. Parents interested in licensed child care for a child with special needs should apply through the Child Care Registry and include information about the child's needs to help the child care centre plan for the successful integration of the child.</p>	

Children's Community Network Direct Funded Respite Option

Sudbury Tel: 705-566-3416 Espanola Tel: 705-869-1564 www.respiteservices.com	319 LaSalle Boulevard, Unit 2 Sudbury, ON P3A 1W7
<p>This program provides funding assistance to parents/guardians whose child (aged 0-18 yrs) has documentation from a professional confirming the child's developmental and/or physical disability and functional limitations. The funding can be used to hire a CHAP worker for in-home or out-of-home respite. It can also be used for summer day and overnight camp fees or community recreational program fees.</p> <p>Families who are interested in this respite funding option are required to complete a Respite Eligibility Tool (RET) with their Service Coordinator at the Children's Community Network. Allocations are then determined based on the level of need of the child and family as determined by the Eligibility Tool.</p>	

Disability Tax Credit Certificate

<p>Toll Free: 1-800-959-8281 TTY: 1-800-665-0354 Disability Tax Credit Certificate Form: http://www.cra-arc.gc.ca/E/pbg/tf/t2201/README.html</p>	<p>Main Canada Revenue Contact Page: http://www.cra-arc.gc.ca/cntct/menu-eng.html</p>
<p>The Government of Canada manages eligibility for the Disability Tax Credit. The Disability Tax Credit (DTC) is available to people who are blind or have a severe and prolonged mental or physical impairment which causes them to be:</p> <ul style="list-style-type: none"> • Markedly restricted in their ability to perform a basic activity of daily living (speaking, hearing, walking, feeding, dressing, elimination or mental functions necessary for everyday life) all or almost all of the time, even with therapy and the use of devices and medication. • Significantly restricted in their ability to perform two or more of the basic activities of daily living (see above) all or almost all of the time, even with therapy and the use of devices and medication. <p>Your physician or paediatrician needs to fill it out and sign it. Children may also be eligible for other benefits and programs such as Child Disability Benefit (www.cra.gc.ca/benefits). Guardians may be eligible for higher Canada Child Tax Benefits.</p>	

Easter Seals Ontario

<p>Sudbury Office Tel: 705-566-8858 Financial Assistance Program Tel: 1-866-630-3336 www.easterseals.org</p>	<p>887 Notre Dame Ave, Unit F Sudbury, ON P3A 2T2 Fax to attention of Financial Assistance Program: 416-696-1035 E-Mail: services@easterseals.org</p>
<p>Easter Seals offers a magnitude of funding programs. There are 3 programs in detail as well as the following programs: Recreation Choices Funding Program, Scholarships to post secondary education, SEAC – Special Education Advisory Committee and the Top Up Program.</p> <ul style="list-style-type: none"> • Direct Financial Assistance - Easter Seals acts as a third party funder and as such has no role in prescribing, recommending equipment, selecting a vendor/contractor or in the relationship between the parent and vendor. Children and young adults (birth to their 19th birthday) with physical disabilities, who are registered with Easter Seals Ontario qualify for financial assistance towards the purchase of eligible services and special equipment. Easter Seals Financial Assistance Program picks up where the Ministry of Health and Long Term Care's Assistive Devices Program (ADP), insurance and other family resources leave off. The list of eligible equipment and services is reviewed annually and priority is given to mobility and communication devices. Easter Seals' funding contribution is based on availability of funds. 	

Easter Seals Ontario Continued

- **Incontinence Supplies Grant Program** - This program is for children and youth between the ages of 3 to 18 years of age with chronic disabilities (physical or developmental) that result in irreversible incontinence or retention problems lasting longer than six months requiring the use of incontinence supplies. The application must be completed and signed by a medical physician licensed to practice in Ontario. The child must be a resident of Ontario and hold a valid Ontario health card.
- **Easter Seals Summer Camps** – For more description about each of the camps refer to page 37 in this directory.

Home and Vehicle Modification Program (Ontario March of Dimes)

Toll Free: 1-877-369-4867 press #2 www.marchofdimes.ca	291 King Street, 3 rd Floor London, ON N6B 1R8
Home and Vehicle Modification Program (HVMP) provides funding for home and vehicle modification that will enable children and adults with disabilities to continue living safely in their own homes, have safe access in their community and avoid loss of gainful employment. It is an income based program.	

The Human League Association

Tel: 705-670-8633 www.humanleaguesudbury.com	471 Ontario Street Sudbury, ON P3E 4K4
P.L.A.Y. (Positive Leisure Activities for Youth) is a local program that assists families who have a low income with the cost of registration fees and equipment for their children's recreation. P.L.A.Y. helps children from economically disadvantaged families get involved in the arts, cultural activities, and sports such as hockey, soccer, drama, dance, swimming, guides, cadets, etc. Applications and income questionnaires are available on their website.	

Jennifer Ashleigh Children's Charity

Tel: 905-852-1799 ext. 23 Toll Free: 1-866-268-9187 http://www.jenniferashleigh.org	10800 Concession 5 Uxbridge, ON L9P 1R1
The mission of the Jennifer Ashleigh Children's Charity is to improve the quality of life for seriously ill children and their families... " <i>when love is not enough.</i> " The Jennifer Ashleigh Children's Charity assists children who are seriously ill, have a permanent disability, are 21 years of age or under and must be a Canadian Citizen or Landed Immigrant and be a permanent resident. Family income impacts on assistance decisions. JACC has certain items that they cover depending on the diagnosis, hospital/treatment costs, specialized care and therapies. It is best to visit their website or contact them for a full list. The application form may be completed by the child's parent, physician, therapist, social worker, teacher or community liaison.	

Muscular Dystrophy Canada

Toll Free: 1-800-567-2873 www.muscle.ca	2345 Yonge St, Suite 901 Toronto, ON M4P 2E5
<ul style="list-style-type: none"> Mobility Equipment Program - From equipment recycling efforts, to funding in whole or in part of the purchase of new equipment, people with neuromuscular disorders and their families are benefiting from the financial donations and volunteer efforts of this essential program. Muscular Dystrophy Canada's mobility equipment programs are managed regionally, and there may be differences seen between regions and provinces in what is funded. There is often a waiting list for approved equipment. To be eligible for assistance applications are available on line – registration is free. A referral letter is needed by a qualified health-care professional, completed application form and 2 quotes for the cost of the equipment. Muscular Dystrophy Canada does NOT provide reimbursements. Other services provided by the organization include peer support, education and social action. 	

Northern Health Travel Grant Program

Tel: 705-675-4010 Toll Free: 1-800-461-4006 http://www.health.gov.on.ca/english/public/pub/ohip/northern.html	199 Larch St. Suite 801 Sudbury, ON P3E 5R1
Travel grants are funded by the Ministry of Health and Long-Term Care to help defray the transportation costs for eligible residents of Northern Ontario who must travel long distances within Ontario to receive medically needed insured specialty services that are not available locally. Forms must be signed before travel by the referring physician and at the appointment by the specialist.	

Ontario Federation for Cerebral Palsy

Toll Free: 1-877-244-9686 TTY: 1-866-740-9501 www.ofcp.ca	Suite 104-1630 Lawrence Avenue West Toronto, ON M6L 1C5
<ul style="list-style-type: none"> Assistive Devices Funding Program -The Assistive Devices Funding Program is for persons with cerebral palsy of all ages in Ontario, who are individual members of the OFCP. Some categories of equipment that funding is provided for include: communication/writing aids, external feeding supplies, respiratory equipment, bathing/washing aids, wheelchairs/positioning aids, etc. Activity Funding Program - The purpose of this program is to provide opportunities to people with cerebral palsy to participate in structured and meaningful community activities and/or vacations and camps of their choice. It is our hope that this assistance will allow individuals to learn new skills and gain experiences that will improve their quality of life. Other services provided include advocacy and a family education program. 	

Ontario Works

Tel: 705-675-2411 www.mcass.gov.on.ca	PO Box 3700, Stn "A" 199 Larch St. 9 th Floor Sudbury, ON P3A 5W5
Income assistance for people who are in temporary financial need. Income Support helps to pay for items like food and housing. The amount you receive will depend on family size, income, assets and housing cost. If you qualify for Income Support you may also qualify for other benefits for drug coverage, dental, vision care, hearing aids, diabetic supplies, etc.	

President's Choice Children's Charities

Toll Free: 1-866-996-9918 http://www.presidentschoice.ca/LCLOnline/pcccWhat.jsp	1 President's Choice Circle Brampton, ON L6Y 5S5
We receive applications from families whose children have been diagnosed with a range of physical and developmental disabilities including cerebral palsy, autism, muscular dystrophy, spina bifida, and tourette syndrome. Applicants for Special Needs Assistance must meet the following criteria: Under 18 year's old, diagnosed physical or developmental disability, household annual income of \$70 000 or less, must be a Canadian citizen or have permanent residence status in Canada.	

Registered Disability Savings Plan

http://www.cra-arc.gc.ca/tx/ndvdl/tpcs/rdsp-reei/menu-eng.html	Sudbury Tax Centre 1050 Notre Dame Avenue Sudbury, ON P3A 5C1
The Registered Disability Savings Plan (RDSP) is available to help people with disabilities and their families save for the future. Contributions are permitted until the end of the year in which the beneficiary turns 59.	

Residential Rehabilitation Assistance Program

Toll Free: 1-800-668-2642 http://www.cmhc-schl.gc.ca/en/co/prfinas/prfinas_003.cfm	
Canada Mortgage and Housing Corporation (CMHC) offers financial assistance to allow homeowners and landlords to pay for modifications to make their property more accessible to persons with disabilities. These modifications are intended to eliminate physical barriers, imminent safety risks and improve the ability to meet the demands of daily living within the home. The amount of forgivable assistance that you receive is based on your household income, the cost of the modifications and where you live.	

Service Clubs

The Greater Sudbury Public Library Tel: 705-673-1155	Leisure Guide: http://www.greatersudbury.ca/living/leisure-guide/
Service Clubs – Can provide funding for people who are not able to receive any funding or full funding from government programs. You can obtain an updated list of Service Clubs from the Greater Sudbury Public Library and the Greater Sudbury’s Leisure Guide. The family income is given consideration in making decisions in many clubs.	

Special Services at Home

Tel: 705-564-8153 ext. 3371 Toll Free: 1-800-268-6119 ext. 3371 http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/specialservices/index.aspx	199 Larch St., 10 th Floor, Suite 1002 Sudbury, ON P3E 5P9
The Special Services at Home (SSAH) program helps children with developmental or physical disabilities and adults with a developmental disability to live at home with their families by providing funding on a time-limited basis to address individual needs. With this funding, families can purchase supports and services which they could not normally provide themselves and are not available elsewhere in the community. It is <u>not</u> an income based program. There is a waiting list for the funding.	

Ten Rainbows Foundation

Tel: 705-674-2623 Email: info@trcfoundation.org http://www.trcfoundation.org/	P.O. Box 2011, Station `A` Sudbury, ON P3A 4R8
The Ten Rainbows Foundation is a local non profit registered Canadian Charity founded in 1993 and is committed to the goal of improving the quality of life for children who are underprivileged, ill or physically/mentally challenged. The primary focus is to provide an alternative source of funding for individuals or groups in need who might otherwise not qualify for more traditional municipal, provincial or federal government assistance.	

Trillium Drug Program

Toll Free: 1-800-575-5386 http://www.health.gov.on.ca/en/public/programs/drugs/programs/odb/opdp_trillium.aspx	P.O. Box 337, Station D Etobicoke, ON M9A 4X3
Trillium Drug Program (TDP) is intended for Ontario residents who have a valid Ontario Health Card and who have high prescription drug costs in relation to their net household income. TDP provides coverage for prescription drug products listed on the Ontario Drug Benefit Formulary/Comparative Drug Index (Formulary). In addition, drug products that are not listed on the Formulary are also considered for coverage for TDP recipients through the ministry’s Exceptional Access Program (EAP) on a case-by-case basis. This plan is good for families who have no drug plan or limited coverage and high costs for medications. It also covers the whole family instead of only the child with special needs for medications. Applications are on the website which is listed above.	

Wish Foundations

Wish Foundations are non profit organizations that have developed to help grant wishes for children who have a severe physical disability or a life threatening illness. Most foundations work with children between the ages of 3-18. Each foundation functions independently and has specific criteria for eligibility. Most foundations have similar criteria in common which include a serious medical condition, a child's ability to formulate his or her own dream (there are exceptions) and no previous wish granted through another wish foundation. There are too many wish foundations to provide a comprehensive list. Families choose the wish foundation they want to go with if they decide to apply. Applications require a confirmation of diagnosis by the physician. Referrals come from parents, family members or the network of doctors, nurses and social workers engaged with the child. Referrals can also come from child-life specialists, friends, the potential wish child; other Wish families, community or support organizations, school teachers or caregivers.

EDUCATION

Sudbury/Manitoulin has 4 separate and distinct School Boards. All have programs for students with special needs.

Conseil scolaire public du Grand Nord de l'Ontario

Tel: 705-671-1533 Toll Free: 1-800-465-5993 http://www.cspgno.ca	296, rue Van Horne Sudbury, ON P3B 1H9
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Conseil scolaire catholique du Nouvel-Ontario

Tel: 705-673-5626 Toll Free: 1-800-259-5567 http://www.nouvelon.ca	201, rue Jogues Sudbury, ON P3C 5L7
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Rainbow District School Board

Tel: 705-674-3171 Toll Free: 1-888-421-2661 http://www.rainbowschools.ca/	69 Young Street Sudbury, ON P3E 3G5
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Sudbury Catholic District School Board

Tel: 705-673-5620 www.scdsb.edu.on.ca	Catholic Education Centre (CEC) 165A D'Youville Street Sudbury, ON P3C 5E7
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SUPPORT FOR FAMILIES

Autism Coffee Chat M.I.N.N.A (Many in Need of Necessary Autism Supports)

Contact: Trish Kitching Email: trish.kitching@gmail.com Subject Line: <i>Autism Coffee Chat</i>	
<p>Formed 11 years ago by parents eager to learn more about Autism. They had chats over coffee and eventually formed Autism Coffee Chat. There are over 150 families in the Sudbury District and North to Attawapiskat and down to Toronto Area. There are no borders, no fees to join. Parents, grandparents, caregivers, family members, spouses, siblings and any support person, are welcome to join. We collaborate with Autism Ontario regarding activities in the community and share information on the Facebook group.</p> <p>Many are unable to meet face to face, so we have opened up a Facebook group called, Autism Coffee Chat M.I.N.N.A's – it is a closed group, you need to ask to join. For more information, contact Trish Kitching @ trish.kitching@gmail.com - with <u>Autism Coffee Chat</u> in the subject line.</p>	

Autism Ontario

Chapter Phone: 705-586-3663 Chapter Email: sudburyautismontario@gmail.com www.autismontario.com Toronto Office Tel: 416-246-9592	Mailing Address: 662 Falconbridge Road Sudbury, ON P3E 4S4 Physical Address - by appointment only 827 Barrydowne Ave Sudbury, ON (corner of Barrydowne and Hawthorne)
<p>Autism Ontario (formerly Autism Society Ontario) is the leading source of information and referral on autism and one of the largest collective voices representing the autism community. Members are connected through a volunteer network of Chapters throughout the Province of Ontario.</p> <p>Autism Ontario is dedicated to increasing public awareness about autism and the day-to-day issues faced by individuals with autism, their families, and the professionals with whom they interact. The association and its chapters share common goals of providing information and education, supporting research, and advocating for programs and services for the autism community. Autism Ontario supports 30 chapters in Ontario</p> <p>Chapter Area: Greater Sudbury Area President: Rick Grylls</p>	

Brain Injury Association Sudbury and District (BIASD)

Tel: 705-670-0200 http://www.biasd.ca/ Email: info@biasd.ca	576 Haig St. Sudbury, ON P3C 5P8
<p>A community association dedicated to support survivors of a brain injury and their families. Programs include: peer and mentor support, helmet awareness, information linkage, public education, newsletter, and fundraising.</p>	

Canadian Down Syndrome Society

Tel: 1-800-883-5608

www.cdss.ca

The Canadian Down Syndrome Society (CDSS) is a vital resource linking parents and professionals through advocacy, education and providing information in the form of workshops, support groups; new parent packages a resource centre, quarterly newsletter, etc.

Down Syndrome Association of Ontario

Tel: 905-439-6644

<http://www.dsao.ca>

The vision of The Down Syndrome Association of Ontario (DSAO) is to provide a network of information and resources, to advocate and lobby for equal opportunities, to create an environment that is inclusive and supports cultural diversity and to develop relationships with other like minded organizations. The benefits to being a member are SEAC training, leadership development for local organizations, fundraising support, and representation on the Board of Directors. Through consultation with the local associations, the DSAO Board determines ways it can be helpful to the people of Ontario with Down syndrome and their families.

Down Syndrome Association of Sudbury

President: Lauri Christison

Tel: 705-522-8763

Or Julie Contini Email: info@dsas.ca

www.dsas.ca

P.O. Box 2855, Station "A"

Sudbury, ON P3A 5J3

The Down Syndrome Association of Sudbury offers support to more than 55 families in the area. We offer personal support to parents of a new child born with Down Syndrome. Other services include financial assistance for the purchase of assistive devices, information sessions, family activities and parent group activities. Members can borrow recommended books to read from the resource library. There is also a New Parents Support Group that meets the second Saturday of the month. This is a group for parents, children with Down Syndrome from birth to age 10 and their siblings. The location is at the West End Hub – St. Francis Catholic School, 691 Lilac St. It is an informal atmosphere, and parents are free to speak openly about feelings and issues they may be facing.

Epilepsy Ontario

Toll Free: 1-800-463-1119

www.epilepsyontario.org

Suite 803, 3100 Steeles Avenue East

Markham, ON L3R 8T3

Epilepsy Ontario is a registered charitable non-profit non-governmental health organization dedicated to promoting independence and optimal quality of life for children and adults living with seizure disorders, by promoting information, awareness, support services, advocacy, education and research.

Epilepsy Ontario Continued

Through a network of chapters, contacts and associates, Epilepsy Ontario provides client services, counselling, information and referral services, education and advocacy services for children and adults living with seizure disorders, and for their families, friends, co-workers and caregivers. For Sudbury area, call 1-800-463-1119 and they will put you in touch with someone.

The Family and Friends Education Group – HSN Mental Health Program

Tel: 705-523-4988 ext. 0	127 Cedar St. Sudbury, ON P3E 1X3
The Family & Friends Education Group ensures the availability of information, education and support for families, friends and others who know someone experiencing symptoms of mental illness. The Group is offered weekly and self-referrals are accepted. There is also a lending library at Cedar Street which houses an array of pamphlets, books and videos that individuals, families and friends may borrow.	

Learning Disabilities Association of Sudbury

Tel: 705-522-0100 www.ldasudbury.ca Email: info@ldasudbury.ca	P.O Box 21038 1935 Paris St. Sudbury, ON P3E 6G6
The services and programs LDAS offers are: a resource Library, community outreach and education, one-on-one support to parents or guardians of students with LD to assist them in “navigating” the educational system and in developing advocacy skills. There is a coaching program that Laurentian University and Cambrian College, education students will work one-on-one with a grade 7, 8 or 9 student who has been identified with a learning disability within the Rainbow District School Board or Sudbury Catholic District School Board. There is also an Assistive Technology Camp that offers hands on training in Kurzweil 3000, Dragon Naturally Speaking, TextHelp, Inspirations, One Note and the use of iPods.	

Lions Foundation of Canada Dog Guides

Tel: 905-842-2891 Toll Free: 1-800-768-3030 www.dogguides.com	P.O. Box 907 152 Wilson Street Oakville, ON L6J 5E8
Lions Foundation of Canada is a national charitable foundation founded by the Lions Clubs of Canada. Its mission is to provide service to physically challenged Canadians in the areas of mobility, safety, and independence. Lions Foundation of Canada operates Dog Guides Canada. In addition to training Dog Guides for people who are blind or visually impaired, the Foundation also trains Dog Guides to meet the needs of Canadians with hearing and other medically and physically limiting disabilities. All programs are funded through many sources of private donations, and are offered at no charge to clients.	

Muscular Dystrophy Canada

Toll Free: 1-800-567-2873 www.muscle.ca	2345 Yonge St., Suite 901 Toronto, ON M4P 2E5
Muscular Dystrophy Canada's dedicated volunteers and staff across the country raise funds and work hard to support the independence and full participation of Canadians with neuromuscular disorders, fund research to find a cure and improve the quality of life of people with neuromuscular disorders, assist our clients to participate in the decisions that affect them, and collaborate with others for social change.	
<ul style="list-style-type: none"> • Mobility Equipment Program - From equipment recycling efforts, to funding in whole or in part of the purchase of new equipment, people with neuromuscular disorders and their families are benefiting from the financial donations and volunteer efforts of this essential program. Muscular Dystrophy Canada's mobility equipment programs are managed regionally, and there may be differences seen between regions and provinces in what is funded. There is often a waiting list for approved equipment. To be eligible for assistance applications are available on line – registration is free. A referral letter is needed by a qualified health-care professional, completed application form and 2 quotes for the cost of the equipment. The maximum amount paid on any item is \$2,640. A \$200 deductible will be applied to all funding requests. Funding requests for items under \$200 will not be considered. Muscular Dystrophy Canada does NOT provide reimbursements. Other services provided by the organization include peer support, education and social action. They will assist families in accessing a support group wherever possible. For more information, contact your Regional Services Director: Stacey Lintern, Ontario, 1-866-687-2538, or infoontario(at)muscle.ca 	

Ontario Federation for Cerebral Palsy

Toll Free: 1-877-244-9686 www.ofcp.ca Email: families@ofcp.ca	
The Ontario Federation for Cerebral Palsy (OFCP) is an organization committed to supporting independence, inclusion, choice and full integration of all persons with cerebral palsy (CP) in Ontario. The OFCP does this by providing and initiating a wide range of services, resources and programs for individuals with CP and their families as well as professional organizations. These services can range from funding for equipment, education and recreation to housing and life planning.	

Spina Bifida and Hydrocephalus Association of Ontario

Toll Free: 1-800-387-1575 www.sbhao.on.ca	P.O. Box 103, Suite 1006 555 Richmond Street West Toronto, ON M5V 3B1
The Association supports those with spina bifida and/or hydrocephalus and their families with the challenges brought on by these serious conditions. SB&H has grown to provide a comprehensive and essential range of services for parents, families, youth and adults with SB&H. Programs and services include awareness programs, information packages, membership program, resource centre and publications, volunteer program, support programs for families and advocacy.	

COUNSELLING

Child and Family Centre

Tel: 705-525-1008 Toll Free: 1-800-815-7126 http://www.childandfamilycentre.on.ca	62 Froot Rd, Suite 100 Sudbury, ON P3C 4Z3
Accredited children's mental health agency providing mental health services to children and youth. Services are offered in English, French, Native cultural context and other languages are provided with the support of interpreters. We offer services in Sudbury, Espanola, Little Current and Chapleau.	
For details on programs, please see page 6 – 7 of this directory.	

Family Enrichment Centre

Tel: 705-670-0606 www.familyenrichmentcentre.ca	30 Ste. Anne Rd, 4 th Floor Sudbury, ON P3C 5E1
The Family Enrichment Centre provides Individual, Couple, Family & Youth Counselling for relationships, separation/divorce, co-dependency, addictions, grief and bereavement, depression and stress, as well as trauma & abuse survivors. Fees are based on a sliding scale depending on family income. Some fees for Counselling services may be covered by Employee Assistance Programs. Spiritual Direction is also available.	

Employment Assistance Program (EAP)

Counselling professionals who can help resolve personal and work-related problems before they affect your health, family, or ability to work. <u>Contact your employer to see if you have an EAP program.</u> There is usually no waiting list.

Private Practitioners

For a list of mental health professionals who are private practitioners, see the yellow pages in the telephone book under Psychologists and Psychological Associates and/or Marriage, Family and & Individual Counsellors. Funding for their services may be available through you extended health care benefits or your Employment Assistance Program.

Sudbury Counselling Centre /Centre de counselling de Sudbury

Tel: 705-524-9629

www.counsellingccs.com

260 Cedar St.

Sudbury, ON P3B 1M7

- **Children Exposed to Violence** -Provides children with the opportunity to process and to understand the abuse, power and control they were exposed to. It also provides support to mothers so they can best understand their child's perspective and become supportive.
- **Child Witness** - The Child Witness Program offers services and support to child victims and witnesses under 18 years of age who are required to provide testimony in court, as well as for their parents or guardians.
- **General Counselling Program** - Assists individuals, couples, and families to deal more effectively with a broad range of intrapersonal, interpersonal or social problems.
- **Employee Assistance Program** - Offers counselling and other organizational health services to employees of organizations that have retained our services.
- **Back on Track Program** - A remedial measures program for convicted impaired drivers. This program provides information and professional guidance to people who have operated a vehicle while under the influence of alcohol or other drugs.
- **Violence Against Women Intervention Program** - Offers counselling for women and children who have experienced or have been exposed to abuse in the home by men who are abusive.
- **Partner Assault Response (PAR)** - This program can improve your communication skills, to build a healthy relationship based on equality and respect as well as provide a safe environment for you to discuss challenges. This program is offered in collaboration with our judiciary partners which include the Victim/Witness Assistance Program. An assessment is required before you are accepted into the Program.
- **Male Survivors of Sexual Abuse** - Free individual and group counselling, peer support, e-counselling and telephone counselling for men victims of sexual abuse.

TRANSPORTATION

Handi Transit

Tel: 705-670-2300 http://www.greatersudbury.ca/cms/index.cfm?app=div_transit&lang=en&currID=260	200 Brady St, Main Floor PO Box 5000 Station 'A' Sudbury, ON P3A 5P3
The aim of Handi-Transit service is to provide transportation for persons who have physical disabilities and are unable to use the regular transit system. Applicants must submit a form to the City of Greater Sudbury which provides information to assist in determining the applicant's eligibility. A portion of the form must be filled out and signed by a physician (Application is available from the website). You must book Handi Transit two business days in advance.	

Ministry of Transportation Accessible Parking Permit

Tel: 705-674-4503 http://www.mto.gov.on.ca/english/dandv/vehicle/app.htm	There are multiple offices throughout the city.
The Accessible Parking Permit (APP) is issued to individuals and entitles the vehicle in which it is displayed to be parked in a designated accessible parking space. The individual to whom the permit is issued must be in the vehicle and the permit must be visibly displayed on the dashboard or sun visor when it is parked in the designated accessible parking space. To qualify for an APP, the individual must be certified by an APP program recognized health practitioner as having conditions which include: a child cannot walk without assistance of another person or a brace, cane, crutch, a lower limb prosthetic device or similar assistive device or who requires the assistance of a wheelchair, a condition(s) or functional impairment that severely limits his or her mobility, a visual impairment and/or a severely limited in the ability to walk due to an arthritic, neurological, musculoskeletal or orthopaedic condition. A licensed physician, chiropractor, registered nurse practitioner (extended class), physiotherapist or occupational therapist, chiropodist and podiatrist may certify the applicant's condition on the permit application. Applicant may choose to download and print the Application for Accessible Parking Permit (PDF); or pick up an application at any Driver and Vehicle Licence Issuing Office.	

Sudbury Transit

Tel: 705-675-3333

http://www.greatersudbury.ca/cms/index.cfm?app=div_transit&lang=en

Greater Sudbury Transit has accessible transit runs and will attempt to have accessible buses on the designated runs at all times. However, please note that extra large wheelchairs cannot be accommodated and a maximum of two wheelchairs can be accommodated at the same time.

Passengers using scooters must transfer to a seat to avoid the risk of injury to themselves and others.

In the event that a passenger in a wheelchair is waiting for a bus that is designated accessible and the bus is not accessible, the bus operator will call for an accessible cab to take the passenger to their destination, within the accessible service area, at Transit's expense. The average waiting time for the taxi should be approximately 20 minutes. You are eligible for a Disability Pensioners Pass (*Special*) if you are a resident of the City of Greater Sudbury and are currently receiving one of the following:

- 1) Ontario Disability Support Program (O.D.S.P.)
- 2) Assistance for Children with Severe Disabilities (A.C.S.D.)
- 3) Canada Pension Plan Disability (C.P.P.D.)
- 4) A War Veterans Pension
- 5) Registered with the C.N.I.B.

How to apply:

Download the application form and once it is complete and authorized by the appropriate organization, bring it to Transit Centre Kiosk located at 9 Elm Street.

http://www.greatersudbury.ca/content/div_transit/documents/ODSP2012_eng.pdf

Once you have purchased your photo I.D. card, you will qualify for reduced fares on all Greater Sudbury Transit buses.

RECREATION and LEISURE

(Including summer programs)

Access 2 Entertainment

Toll Free: 1-877-376-6362 http://easterseals.ca Email: info@easterseals.ca	Access 2 Entertainment C/O Easter Seals Canada 40 Holly Street, Suite 401 Toronto, ON M4S 3C3
<p>The Access 2 EntertainmentTM card provides free admission (or a significant discount) for support persons accompanying a person with a disability by presenting the card prior to purchase; the person with the disability pays regular admission. The card can be used at Cineplex Entertainment, Empire and Landmark theatres, the Toronto Zoo, the Art Gallery of Ontario, Casa Loma, the CN Tower, Ontario Place, the Ontario Science Centre and the Royal Ontario Museum, just to name a few. There is an application process with a \$20 administration fee for the individual with the disability that is valid for 5 years.</p>	

Adaptive Rowing (Sudbury Rowing Club Adaptive Program)

Tel: 705-673-6032 www.sudburyrowingclub.ca	Contact: Thomas Merritt Email: tjsmerritt@gmail.com
<p>Recreational and competitive program for all ages and genders. The basic techniques of adaptive rowing are the same as rowing for an able-bodied person. SRC boathouse includes accessible washroom/change room facilities, docks, and three rowing machines with adaptive seats. Both competitive and recreational categories have a single (one person) and one double (two people) rowing boats. There are fees to cover membership and insurance costs with the SRC and Canadian Rowing Association. Another resource is: http://www.rowingcanada.org/domestic_rowing/adaptive/</p>	

Adaptive Soccer (Sudburnia Soccer)

Tel: 705-524-9029 www.sudburnia.com Email: soccer@mcnickel.com	Contact: Jeff McNickel PO Box 2723, Station A Sudbury, ON P3A 5J2
<p>Sudburnia offers a Special Needs Soccer program for children age 4-14. Any child who wants to play can sign up regardless of whatever challenge she or he may have. They will be looking for volunteers to run around with the children. No soccer experience necessary – but they would prefer to have people who have had experience with special needs children. They are also welcoming anyone for sponsoring this awesome team.</p>	

Children's Treatment Centre

Tel: 705-523-7337 www.childrenstreatment.com	41 Ramsey Lake Road Sudbury, ON P3E 5J1
Every summer CTC organizes a one week summer camp for children who receive services at our centre. The theme and target group can change from year to year. For more information, contact your child's therapist at CTC. There is a small cost for this program to cover supplies etc.	

City of Greater Sudbury Leisure Services

Tel: 705-671-2489 www.greatersudbury.ca/living/leisure-guide	PO Box 5000 Stn. A 200 Brady St. 1 Floor Sudbury, ON P3A 5P3
The Leisure Services Department plays an important role in building and promoting a healthy community that provides opportunities for people to access physical recreation and leisure activities and that supports volunteers and community development. The Leisure guide provides an updated list of activities in our community, including those for children with special needs (e.g. integrated playgrounds)	

Easter Seals Ontario

Tel: 705-566-8858 http://www.easterseals.org/	887 Notre Dame Ave, Unit F Sudbury, ON P3A 2T2
<ul style="list-style-type: none"> • Recreational Choices Program The Recreational Choices Funding Program provides families with up to \$500 toward a summer recreational program of their choosing that best suits the child. This could include: another individual camping program, day camp, swimming lessons or another recreational program that takes place during the summer. • Easter Seals Camps For over 70 years Easter Seals Ontario camps have provided an environment that fosters autonomy, self-esteem and acceptance for children and youth with physical disabilities. As a result, many campers leave camp not only with new skills and friendships, but also with a sense of pride and accomplishment. Easter Seals owns and operates two residential camps with specially trained camp staff, including a team of registered nurses, offering safe but exciting, fully accessible programs at Camp Merrywood and Camp Woodeden. <u>Easter Seals Camp Merrywood</u> is located on a beautiful peninsula stretching out into Big Rideau Lake. The camp sits on 30 acres of land between Smiths Falls and Perth in Eastern Ontario. The site has three camper cabins that can accommodate up to 72 campers per session; a health hut; dining room and lodge; music and theatre building; a nature building; a specially adapted swimming pool and an accessible playground. Merrywood offers a full waterfront program and activities such as sailing, kayaking, canoeing and fishing. Campers also get the experience a variety of trips off of camp property. There are three to four-day canoeing trips and one-night trips through the Rideau Canal system. To find out more information call Barb Gray at 1-613-267-1244 or email bgray@easterseals.org. 	

Easter Seals Ontario Continued

Easter Seals Camp Woodeden is located on the outskirts of London, ON overlooking the Thames River. Situated on 107 acres of beautifully landscaped ground that includes an accessible tree house, a collection of trees/plants from around the world, and beautiful Japanese influenced architecture. Woodeden currently has seven camper cabins; an outdoor amphitheatre; an arts and crafts building and an outdoor pavilion. At Easter Seals Camp Woodeden, campers expend their leadership abilities through a myriad of creative arts programs and multi-sports activities, and a fully accessible high ropes course. During the summer the camp offers two 10-day individual camp session, one 6-day Gear-up program, a 5 day Discovery Camp and two 5-day Family Camps. For further information, contact Kim Vallieres at telephone number 1-519-471-6640 or send an email to kvallieres@easterseals.org.

Licensed Child Care - Summer Programs for School Aged Children

Local Calls: Dial 3-1-1 Tel: 705-671-2489 www.greatersudbury.ca/childcare	200 Brady St. Sudbury, ON P3A 5P3
Licensed child care centres provide high quality recreation-based summer programs for children aged 6-12 (or older with a completed Special Needs Referral). Subsidies may be available for children whose parents are working or in school and require child care, or children who for whom a Special Needs Referral for Child Care has been submitted. A Special Needs Referral for Child Care must be filled out by an agency that is providing treatment or support to the child, only if the family wishes to apply for subsidized child care and the parent (s) are not working or going to school; or if the child is 13 years or older. The City funds Child Community Resources (CCR) to support the inclusion of children with special needs into all licensed child care programs. Based on the child's needs CCR will provide consultation to the child care program and may approve funding for additional staffing to support the program to ensure successful inclusion. The special needs inclusion program is designed so that parents of children with special needs do not have to pay more than other families for licensed child care. Parents interested in licensed child care for a child with special needs are to apply through the Child Care Registry and include information about the child's needs to help the child care centre plan for the successful integration of the child.	

Reach for the Rainbow

Tel: 416-503-0088 www.reachfortherainbow.ca	20 Torlake Crescent Toronto, ON M8Z 1B3
Reach for the Rainbow is a registered charity, based in Toronto, serving families across Ontario who care for individuals with developmental and/or physical disabilities. Reach for the Rainbow develops and supports integrated recreational opportunities for children and young adults with disabilities. Application is on a first-come, first serve basis. Reach for the Rainbow works in partnership with families, overnight children's camps across the province, and day camps & year-round programs in the Greater Toronto Area. They provide training for camp staff, consultation with parents and campers, and support each child's summer camp experience.	

Special Olympics Ontario

Tel: 705-855-1219 http://north.specialolympicsontario.ca	Area coordinator: Lynne Houle Email: lynne.houle@sympatico.ca
The Special Olympics program provides athletes with an intellectual disability the opportunity to experience and succeed in sport. Special Olympics athletes train and compete at community and regional events. All ages are available to participate in Special Olympics, but a child must be at least 9 years old to participate in competitions, and be identified by an agency or professional as having one of the following conditions: intellectual disabilities, cognitive delays as measured by formal assessment, or significant learning or vocational problems due to cognitive delay that require or have required specially designed instruction.	

Sudbury Accessible Sport Council

Tel: 705-692-3818	Contact: Patti Kitler Email: pattikit@gmail.com
The vision of the SASC is to unite disability organizations across the city that provide sport and active living opportunities, to share resources, and create a stronger unified voice for athletes with a disability in Sudbury.	

Sudbury Rolling Thunder -Wheelchair Basketball

Tel: 705-969-1157	Contact: Dennis Duclos
Wheelchair basketball is not currently active although it has been in the Sudbury area for 20 years. If you are interested, please contact Dennis.	

Sudbury Therapeutic Riding Program

Tel: 705-560-7877 http://www.strp.ca/ Email: info@strp.ca	1000-2 Main Street Val Caron, ON P3N 1L4
Provides a specialized form of horseback riding for those with physical and developmental disabilities. It includes therapeutic physical, psychological, and sport activity for ages four and up. The program runs from May to October depending on the weather. Certain restrictions apply. <i>For an application, call the number listed above.</i>	

Swimming (Nickel District Pool)

Local Tel: 3-1-1 Tel: 705-688-3907	
People with disabilities are welcome to participate during public swim times. The person with the disability pays full price and the person helping is free. They also offer private and semi-private classes for 30 minutes for 8 weeks.	

Walden Adaptive Nordic Ski Program

Chalet Tel: 705-692-2321 www.waldenxc.com	Contact Coach: Patti Kitler Email: pattikit@gmail.com
Walden Cross Country Fitness Club (WCCFC) has developed a trail system for people to hike, wheel chair, walk and run during the summer months and cross country ski in the winter time. The club runs programs for children and adults to learn how to enjoy our beautiful winters and competitive programs. The Adaptive Nordic Ski Program offers an opportunity for people of all disabilities, interests and skill levels to compete locally, provincially, nationally or internationally or simply be introduced to a winter sport the whole family can enjoy. The program is designed to meet individual participants' needs.	

Wheelchair Curling (Sudbury Curling Club)

Tel: 705-673-5601 www.eteamz.com/sudburycurlingclub	Contact: Bill Sloan - President Email: billsloan@persona.ca
Currently participants are incorporated in all men's and ladies teams. If interest increases for a program that is specifically for people with special needs they will look into devoting a program.	

YMCA Sudbury

Tel: 705-674-8315 www.sudbury.ymca.ca	140 Durham St. Sudbury, ON P3E 3M7
YMCA Sudbury offers health, fitness and recreation programs for people of all ages, abilities, and backgrounds. The REACH for the Rainbow Program provides funding for children with special needs to have someone with them for support at YMCA camps. Assisted Membership Program – helps create opportunities to all individuals regardless of age, race, sex, ability, creed, or economic circumstances. The Assisted Membership Program has a sliding fee scale that is designed to fit each individual's financial situation.	

LEGAL SERVICES

Ministry of the Attorney General

Toll Free: 1-800-518-7901 www.attorneygeneral.jus.gov.on.ca Email: attorneygeneral@ontario.ca	McMurtry-Scott Building 720 Bay St., 11 th Floor Toronto, ON M5G 2K1
Information on Power of Attorney – Power of Attorney is the person you want to make decisions for you when you are no longer able to make decisions for yourself. Power of attorney for property – for financial decisions and legal decisions. Power of attorney for personal care – for personal care decisions such as where you live, what you eat, what treatments you need etc. <i>Forms are available on the website.</i>	

Ombudsman

Toll Free: 1-800-263-1830 www.ombudsman.on.ca	Bell Trinity Square 483 Bay Street, 10 th Floor, South Tower Toronto, ON M5G 2C9
If you have a complaint about Provincial Government Services then share your complaints with the Ombudsman. The Ombudsman investigates complaints about services provided by the Government of Ontario and its organizations. They also conduct systemic investigations on important issues about government services, which can affect large numbers of people.	

Sudbury Community Legal Clinic

Tel: 705-674-3200 www.legalaid.on.ca	Rainbow Centre, 40 Elm Street, Unit 272 Sudbury, ON P3C 1S8
Community legal clinics provide representation, public legal education, law reform and community development services to low-income individuals and groups within a defined geographical area. Social assistance and housing law are two key areas that clinics focus on. Clinics also provide services in other areas of law, depending on their local community needs.	

Sudbury Legal Aid Ontario Office

Tel: 705-673-8182 Toll Free: 1-800-668-8258 www.legalaid.on.ca	Rainbow Centre 40 Elm Street, Unit 271 Sudbury, ON P3C 1S8
Legal Aid Ontario provides many programs and services to help low-income people who need legal aid. You must be <i>financially</i> eligible to qualify for these services, and your legal matter must be one that Legal Aid Ontario covers.	

GENERAL INFORMATION WEBSITES

Canada 411 Phone Directory	www.canada411.ca
CanChild - Research and Educational Centre. They sell a kit for parents for gathering/organizing a child's health social and educational information	www.canchild.ca
Cystic Fibrosis Canada	www.cysticfibrosis.ca
Canadian Mental Health Association	www.cmha.ca
<u>Doctor Search</u> : Information on how to find a family doctor	http://www.health.gov.on.ca/en/ms/healthcareconnect/public/ Toll Free: 800-268-1153
<u>Ementalhealth.ca</u> : A directory of mental health assistance, resources and events sorted by province and community	www.ementalhealth.ca
Government of Ontario	www.gov.on.ca
Ministry of Community and Social Services	www.mcss.gov.on.ca
Ministry of Health and Long Term Care	www.health.gov.on.ca
Best Start	www.sudburybeststart.ca
Ontario Association of Children's Rehabilitation Services	www.oacrs.com
<u>Persons with Disabilities</u> - Access to services and information for persons with disabilities, family members, caregivers and all Canadians.	www.pwd-online.ca
Service Canada (applications for employment insurance, birth certificates, compassionate care benefits, CPP)	www.servicecanada.gc.ca
Toys for children with special needs	www.enablingdevices.com www.dragonflytoys.com www.beyondplay.com www.pfot.com